



# NZ WOMEN IN MEDICINE CONFERENCE 2024

Ko te tumanako me haere tahi tatou  
Hope moves us forward together

## Serafin Upton

Serafin Upton has worked in New Zealand and Australia as a family and couples therapist for over 20 years. On top of her extensive experience and qualifications, she has also trained under world-renowned sex and relationship therapists Esther Perel and Terry Real. Her current focus is running The Men's Health Collective Aotearoa New Zealand.



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15-18 May 2024  
Tākina Convention Centre  
Te Whanganui-a-Tara Wellington

