



# NZ WOMEN IN MEDICINE CONFERENCE 2024

Ko te tumanako me haere tahi tatou  
Hope moves us forward together

## Dr Olivia Smart

Olivia is a specialist gynaecologist based in Otautahi, Christchurch New Zealand. She obtained her medical degree from University College London and undertook post graduate studies at Imperial College before relocating to New Zealand to complete her fellowship training in O&G in 2005. She works for Te Whatu Ora Health New Zealand as well as in private practice. In 2023 she co-founded and launched Nu Balm an oil based vaginal lubricant and uses this business platform to educate women about all aspects of vulvo-vaginal health [www.nubalm.co](http://www.nubalm.co)

“Gynaecology is a diverse field of medicine covering many areas of health through reproductive and post reproductive years. I am passionate about all aspects of wellbeing and wish to inspire others to take steps that promote vitality and optimises for a long, happy and enjoyable life.”

She lives with her two teenage children and tries to keep herself fit. When she is not plunging into an ice bath, Olivia enjoys orienteering and adventure racing.

