



NZ WOMEN IN MEDICINE CONFERENCE 2024

Ko te tumanako me haere tahi tatou
Hope moves us forward together

Dr Angela Lim

Dr Angela Lim is CEO and co-founder of Clearhead. Trained as a medical doctor and having completed research at the Harvard School of Public Health. Angela's passion for tackling inequality led her to believe that technology has the best potential to drastically improve health outcomes. Having sat on more than 15 Boards, she also understands the importance of good governance and the importance of managing Health and Safety risks effectively.

That is why Angela started Clearhead in 2018, an innovative workplace wellbeing EAP provider that takes a holistic and proactive approach to wellbeing that ensures personalised mental health care is accessible to everyone. Her hope is that by having employers do more to support the wellbeing of their people through providing funded therapy via their EAP program and stigma-free access to proactive self-help tools, individuals would not wait till they are in a crisis state before seeking help. Thus, freeing up the public mental health system to better serve those in need of their services.



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15-18 May 2024
Tākina Convention Centre
Te Whanganui-a-Tara Wellington

