

Ko te tumanako me haere tahi tatou Hope moves us forward together

Rachel Davies

Davies helps teams and individuals maximise their success by incorporating game-changing therapeutic tools. She has over a decade of broad training in the healing arts, including a few years studying at the legendary Esalen Institute in California, as well as qualification in bioenergetic psychotherapy. Prior to this, Davies worked in the creative arts for two decades. She's known for her good humoured, down to earth, collaborative approach that supports people to unlock their best.

