

Ko te tumanako me haere tahi tatou Hope moves us forward together

## **Dr Olivia Currie**

Dr. Olivia is a GP and Lifestyle doctor based in Christchurch. She has special interests in oncology and remissioning of long term health conditions by optimising her patient's nutrition, lifestyle and medication use. Her lifestyle Medicine clinic Real Healthy Me is the first of its kind in New Zealand where she offers health improvement programmes and lifestyle medicine consultations. She practices family medicine at Health and Sport Central, contributes as a clinician for the HRC funded diabetes reversal project, clinical leader with Pegasus Health, and faculty member of the RNZCGP.

